



Wilderness
Torah

Center For
Earth-Based
Judaism

Consent Guidelines

We all have different ideas and thoughts around touch, for some when we are sad, a hug feels good, for others it is too much. Same when we are happy. Consent is about taking the extra moment to connect with the person verbally, before physically, and making sure you receive a clear YES.

What is Consent?

Consent is asking and getting a clear YES.

Examples:

Q: May i...?

A: Yes!

Q: Can I...?

A: Nope!

Q: Is it okay...?

A: I'm not sure right now.

Q: Would I be able to...?

A: Ask me again tomorrow.

Tea and Consent:

<https://www.youtube.com/watch?v=oQbei5JGiT8>

Consent in Cuddle Culture

Cuddle culture is apart of the festival scene, including at Wilderness Torah. For some it is great, for others too much, for some too exclusive and alienating. Let's bring consent to cuddle culture.

- First, be okay to invite people to join if it feels good and safe for you, and to invite yourself in as well. Take the initiative.
- Be sure to keep it PG or the tacit agreement of cuddling.
- At anytime someone can say stop and choose to leave. Consent is ongoing and fluid.
- Please do not take it personally or be offended when someone says “no” or leaves—just as if someone turns down a hug from you. It is a policy of Wilderness Torah to accept and respect the No.
- Someone may be open to cuddling in a group but not just in twos.
- Everyone deserves the right to feel safe and comfortable in their bodies, and to feel safe and comfortable at this event.
- If an incident occurs that makes you feel uncomfortable regarding consent, please inform a Wilderness Torah staff member so we can support you and address the situation as soon as possible.

CONSENT



Freely Given
Reversible
Informed
Enthusiastic
Specific

Planned Parenthood*